

What is a Bunion?



We all may have heard of bunions before and thought that they were simply afflictions that affect the elderly, but actually anyone of any age can develop this painful and embarrassing condition.

Hi, I'm Doctor Mauras and today, I want to educate the residents of the Columbia Gorge on this progressive disease. Bunions can be defined as the curving and protruding of the big toe, which stems from a number of factors including nerve problems, improper footwear and Rheumatoid Arthritis. The protruding is actually extra bone that begins to grow at the joint of the toe, which may become quite sensitive, red and inflamed.

If you think you might be suffering with a bunion, it's best to seek treatment right away. I invite you to come visit me, Doctor Mauras here in Hood River, OR and let's take a look!

Call for your appointment today at: 541-386-1006.